# Elementary and Secondary School Emergency Relief (ESSER) AMERICAN RESCUE PLAN (ARP)

**Health and Safety Plan Summary:** Carson Valley Children's Aid Montgomery County Community Homes – Chestnut Street

Initial Effective Date: 8/24/21

Date of Last Review: 8/27/21

Date of Last Revision 8/24/21

How will the LEA, to the greatest extent practicable, support prevention and mitigation policies in line with the most up-to-date guidance from the CDC for the reopening and operation of school facilities in order to continuously and safely open and operate schools for in-person learning?

### Prevention

- The Purchasing Department will supply all MONTCO Community Homes with disinfecting wipes and sprays as well as alcohol-based hand sanitizers.
  - Staff shall be reminded that they are responsible for disinfecting assigned workspaces daily.
- Professional Parents shall disinfect high touch surfaces in common areas. High touch surfaces include, but are not limited to, light switches, doorknobs, faucets, keyboards, tabletops and hallway banisters.

#### Mitigation

- Staff who suspect that a youth has been exposed to or is infected with COVID-19 will
  isolate the individual in their bedroom or in the designated room in the home and contact
  the Director of Community Placement Services for direction.
  - The Director of Community Placement Services or designee shall contact the youth's primary care physician (PCP) for direction. The doctor's recommendations shall be adhered to.
    - If the PCP cannot be reached the emergency room (ER) shall be contacted.
    - The PCP and/or emergency room shall coordinate efforts with the Department of Health.
- 1. How will the LEA ensure continuity of services, including but not limited to services to address the students' academic needs, and students' and staff members' social, emotional, mental health, and other needs, which may include student health and food services?

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### Prevention

- The Purchasing Department will supply all MONTCO Community Homes with disinfecting wipes and sprays as well as alcohol-based hand sanitizers.
  - Staff shall be reminded that they are responsible for disinfecting assigned workspaces daily.
- Professional Parents shall disinfect high touch surfaces in common areas. High touch surfaces include, but are not limited to, light switches, doorknobs, faucets, keyboards, tabletops and hallway banisters.

#### Mitigation

- Staff who suspect that a youth has been exposed to or is infected with COVID-19 will
  quarantine or isolate the individual in their bedroom or in the designated room in the
  home and contact the Director of Community Placement Services for direction.
  - The Director of Community Placement Services or designee shall contact the youth's primary care physician (PCP) for direction. The doctor's recommendations shall be adhered to.
    - If the PCP cannot be reached the emergency room (ER) shall be contacted.
    - The PCP and/or emergency room shall coordinate efforts with the Department of Health.
- 1. How will the LEA ensure continuity of services, including but not limited to services to address the students' academic needs, and students' and staff members' social, emotional, mental health, and other needs, which may include student health and food services?

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Youth who are experiencing academic problems receive support in the form of tutoring and if the youth is failing, then an Academic Progress Improvement Plan is developed; the plan identifies challenges and steps to improve the youth's academic performance.

Community Homes' youth participate in weekly Adolescent Support Groups. The groups are facilitated by the LSC and take place at assigned Community Homes. Group sessions revolve around life skill development, i.e., nutrition, hygiene, banking, sexual development, safe sex practices, finances, job development, social and personal relationships and education. Youth participate in activities and discussion as it relates to the topic area. Groups can be provided via zoom to facilitate social distancing.

Counseling is recommended for youth who need support to ensure a stable mental health. Mental health services are available via Telehealth as needed. Staff are encouraged to create a self-care regime for themselves, and the agency has provided an additional personal day for self-care.

 Use the table below to explain how the LEA will maintain the health and safety of students, educators, and other staff and the extent to which it has adopted policies, and a description of any such policy on each of the following safety recommendations established by the CDC.

ARP ESSER Requirement	Strategies, Policies, and Procedures
Universal and correct wearing of masks;	<ul> <li>Staff and youth are to properly wear their masks when outside of the community home. All outside visitors to the community home are required to wear a mask.</li> </ul>
<ul> <li>Modifying facilities to allow for <u>physical</u> <u>distancing</u> (e.g., use of cohorts/podding);</li> </ul>	<ul> <li>There are no more than 4 youth residing in the home with a Professional Parent. Households are encouraged to keep physical distance when interacting with one another.</li> </ul>
Handwashing and respiratory etiquette;	Signage regarding steps to reduce the spread of germs shall be posted throughout the community home sites. Steps to reduce the spread of germs include, but are not limited to:     a. Washing hands often with soap and water for at least 20 seconds     b. Avoiding touching eyes, noses and mouths

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ARP ESSER Requirement	Strategies, Policies, and Procedures
	<ul> <li>c. Covering mouths and noses with a tissue or elbow when coughing and/or sneezing.</li> </ul>
<ul> <li><u>Cleaning</u> and maintaining healthy facilities, including improving <u>ventilation</u>;</li> </ul>	<ul> <li>Professional Parents shall disinfect high touch surfaces in common areas. High touch surfaces include, but are not limited to, light switches, doorknobs, faucets, keyboards, tabletops and hallway banisters.</li> </ul>
Contact tracing in combination with isolation and guarantine, in collaboration with the State and local health departments;      Contact tracing in combination with isolation and guarantine, in collaboration with the State and local health departments;	<ul> <li>Professional Parents who suspect that they have been exposed to or are infected with COVID-19 will contact their primary care physician and notify the Director of Community Placement Services immediately.         <ul> <li>a. The Director of Community Placement Services and Assistant Director of Community Homes will coordinate respite coverage for the home if the Professional Parent's doctor indicates that the parent needs to be isolated or quarantined.</li> <li>b. Parent Supervisors shall contact the primary care physicians of the youth placed in the home for direction. The doctor's recommendations will be adhered to.</li> </ul> </li> <li>If a staff member suspects that they have been exposed to or have symptoms of the virus, they should stay home, contact their primary care physician and notify their supervisor.         <ul> <li>a. Staff should not work in a CVCA facility or with individuals served until they consult with a physician and, if deemed appropriate, are</li> </ul> </li> </ul>

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ARP ESSER Requirement	Strategies, Policies, and Procedures
	tested and negative for the virus. The doctor will provide instructions if staff requires testing or quarantine.  The Director of Community Based Services will be responsible for coordinating, monitoring and communicating CVCA's response to the COVID-19 threat.
Diagnostic and screening testing;	<ul> <li>If staff or youth have COVID symptoms, they will be tested.</li> </ul>
Efforts to provide <u>vaccinations to school</u> <u>communities</u> ;	<ul> <li>Through ongoing meetings, staff will be encouraged to get vaccinated. The youth served will also be encouraged to be vaccinated,</li> </ul>
<ul> <li>Appropriate accommodations for students with disabilities with respect to health and safety policies; and</li> </ul>	<ul> <li>Appropriate accommodations are made in the community homes for those youth with disabilities.</li> </ul>
Coordination with state and local health officials.	<ul> <li>COVID cases are reported to the local and State health officials.</li> <li>When there is a presumed or confirmed case of COVID-19 identified in a Community Home, the Director of Community Based Services shall inform leadership at County Children and Youth agencies and regulatory agencies of the outbreak and CVCA's response within four hours of identification.</li> </ul>

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## **Health and Safety Plan Governing Body Affirmation Statement**

The Board of Directors/Trustees for Carson Valley Children's Aidreviewed and approved the Health and Safety Plan on 8/27/21

The plan was approved by a vote of:

5 Yes

\_\_\_ O\_ No

1 absent

Affirmed on: 8/27/21

By:

(Signature\* of Board President)

(Print/Name of Board President)

**Option A:** The use of actual signatures is encouraged whenever possible. This method requires that the document be printed, signed, scanned, and then submitted.

**Option B:** If printing and scanning are not possible, add an electronic signature using the resident Microsoft Office product signature option, which is free to everyone, no installation or purchase needed.

\* Executive Committee of the Board of Directors

<sup>\*</sup>Electronic signatures on this document are acceptable using one of the two methods detailed below.